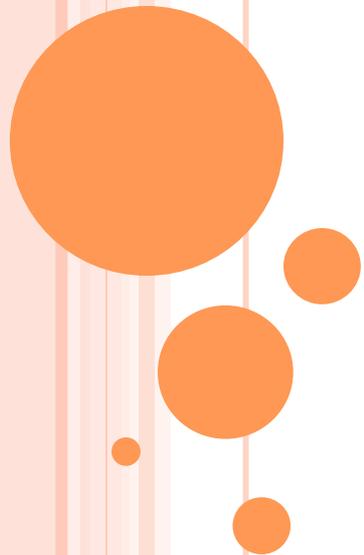


Villages: Age in Community

REAL 
connections

COMMUNITY 
SENIOR 
SERVICES 



THE VILLAGE IS

- A group of people who share time & talent
- Volunteer based
- A support system
- A mechanism to give and receive
- Connection to Community Based Services
- Connection to resources
- Support in all aspects of aging:

Bio- Psycho- Social



WHAT THE VILLAGE DOES

- Volunteers of all ages to help with everyday tasks like transportation, gardening and shopping
- Access to social, cultural, spiritual, educational activities
- Subject matter experts in gerontology, long term care, reverse mortgages, balance and exercise, nutrition and more
- Vet service providers to do all the things volunteers cannot, most at negotiated rates.
- Fulfilling ways to give back through volunteering





Social Connections

- Attend a REAL social event or guided trip
- Go for coffee or enjoy a movie
- Attend a lecture or educational event
- Volunteer your talent or time with fellow RC members
- Build warm new friendships with other independent people like you

Transportation Connections

- Medical appointments
- Grocery shopping— get some help reaching high shelves, seeing labels, and carrying groceries into your home
- Errands
- REAL social events
- Wherever you need to go

Home Maintenance Connections

- Trusted and reliable screened home maintenance providers
*Fee for service
- Trusted handy volunteers— hang pictures, install grab bars, fix leaky faucets, change light bulbs, etc. *No fee for service
- Volunteers to help in the home— move heavy furniture, climb ladders to clean cob webs, adjust sprinkler settings, plant new plants, put on a fitted bed sheet, etc.
- Computer and technology volunteers— clean up hard drives, install programs, remove viruses, consultation on buying new technologies, teach technology

Professional Connections

- Retired Nurse volunteers to transition you from hospital to home
- Organize medications into a system
- Perform home safety education
- One number to call for questions, information, and referral— find a new dr., change insurance plans, adopt a dog, take a trip, tax questions, etc.
- Case management— assess the situation, make recommendations, create care plan, coordinate services
- Expert advice on the practical issues of aging
- Family caregiver support groups, education and training

VILLAGES ARE OPEN ALL OVER THE US.

WWW.VTVNETWORK.ORG



MEMBERSHIP

⊗ Membership open to those age 50+

⊗ Members reside in:

Alta Loma, Claremont, Laverne, North Ontario, Pomona, Rancho Cucamonga, San Antonio Heights, San Dimas, Upland

Membership fees

Programs/services included in membership + fee-for-service and discounts

	<u>Annual</u>	<u>Monthly</u>
Single	\$570	\$54.50
Household	\$780	\$75
+ HH Member	\$180	\$15

VILLAGES PARTNER WITH COMMUNITY

- Inter Valley Health Plan
- Pomona Valley Hospital Medical Center
- Cities of Claremont, LaVerne, San Dimas, Pomona, Upland, San Antonio Heights, Alta Loma, Rancho Cucamonga
- Retirement Communities- Pilgrim Place, Claremont Manor, Claremont Place, San Antonio Gardens, Hillcrest
- Visiting Nurses Association of Southern California
- Pomona Valley Transportation Authority
- Local Colleges- Univ. of LaVerne, Azusa Pacific, USC, Chaffey, Cal State Fullerton
- NCL- National Charity League



REAL



connections

REAL Life. REAL Choice.

Visit us at www.realconnections.org

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